# Japanese Acupuncture Strategies For Psycho-Emotional Problems

Revitalize your practice and expand your ability to help your patients

Seminar: Saturday 14<sup>th</sup> & Sunday 15<sup>th</sup> July 2012
Location: The Theosophical Society, 310 South Terrace, Adelaide.
Time: 9 am - 5 pm each day.
Contact: Helio Supply Company
Tel: (02) 9698 5555

As our society continues to move at a faster pace we are finding many people reaching a crisis within their psyche. Causes range from information overload, time poor personal life, stress from multi-purpose tasking, financial pressures, family pressures and a broad range of external as well as internal conditions. The consequences of psycho-emotional problems can range from very personal to effecting the family &/or work environments and reach as severe as suicide. The treatment strategies we will cover belong to the remarkable case histories of Dr. Manaka, Kazuko Itaya, Kawai, Nagano and Kiiko Matsumoto. Topics to be covered will include:

- Blood Stagnation in the head
- Depression
- Anxiety
- Obsessive-Compulsive Disorders
- Post Partum Depression
- Insomnia
- Stress and Neurosis
- Post traumatic stress
- Shock

This seminar will give us advanced treatment strategies to resolve the complications of stress, trauma and anxiety. The workshop will involve as much hands-on practice as possible, tools and equipment will be available for purchase at the workshop.

- Kawai Triple by pass cords
- Manaka Ion pumping cords
- Acu-glide needles; Numbers 0 x 30, 1 x 30 and 2 x 40
- Alcohol wipes/swabs and cotton balls
- Gold grade moxa, incense sticks, lighter and moxa ring
- Semi pure grade moxa
- Micropore white tape (half inch)
- Intradermals 3mm
- Scissors, tweezers and half inch skin colored micropore tape

### Japanese Acupuncture & Moxibustion

### **Strategies for Fertility**

Revitalize your practice and expand your ability to help your patients

Seminar: Saturday 25<sup>th</sup> & Sunday 26<sup>th</sup> August 2012 Location: The Theosophical Society, 310 South Terrace, Adelaide. Time: 9 am - 5 pm each day. Contact: Helio Supply Company Tel: (02) 9698 5555

More and more women are turning to IVF and artificial programs in the hope of becoming pregnant. These programs do not have a high success rate nor are they relaxing, comfortable or inexpensive for the participants. Japanese Acupuncture offers many alternative strategies in the treatment of gynecology and obstetrics. The participants will be exposed to various styles giving them an opportunity to broaden their choices in fertility management.

Written materials will be provided. Topics to be covered will be:

- Habitual miscarriage
- Menstruation Problems, PMS & Cramps
- Male impotence and sexual problems
- Hormonal and Nervous System Imbalance
- Fibroids & Cysts
- Endometriosis
- Fallopian Tube Inflammation
- San Jiao problems
- Blood stagnation patterns
- Home recommendations

The workshop will involve as much hands-on practice as possible, tools and equipment will be available for purchase at the workshop.

- Acu-glide needles; Numbers 00 x 30, 0 x 30, 1 x 30 and 2 x 40
- Manaka Ion pumping cords
- Micropore white tape (white half inch)
- Intradermals 6mm and 3mm
- Scissors, tweezers and half inch skin colored micropore tape
- Alcohol wipes/swabs and cotton balls
- Gold grade moxa, incense sticks, lighter and moxa ring
- Semi pure grade moxa
- Point location marking pencil

# **Japanese Acupuncture Strategies**

# For Scars, Pain and Injuries

Revitalize your practice and expand your ability to help your patients

Seminar: Saturday 6<sup>th</sup> & Sunday 7<sup>th</sup> October 2012
Location: The Theosophical Society, 310 South Terrace, Adelaide.
Time: 9 am - 5 pm each day.
Contact: Helio Supply Company
Tel: (02) 9698 5555

We can find many people still suffering the effects of scar tissue long after the trauma. Whether scaring has occurred through an accident or a surgical procedure, scar tissue is a commonly seen phenomenon with most patients. More significantly are the secondary effects that scarring produces. The treatment strategies we will cover belong to the remarkable case histories of Dr. Manaka, Kazuko Itaya, Kawai, Nagano and Kiiko Matsumoto. Topics to be covered will include:

- Scar Sites and Secondary Diseases Produced
- Hysterectomy scars and various abdominal area scars
- Appendix scars
- Failed Back Surgeries and laminectomies
- Immunization scars
- Dr. Kawai's 3 By-Pass Cords and Pachi Pachi
- Silver Chain, Foil and Diode Ring Treatments
- Moxa and Intradermal Treatments

This seminar will take us beyond the simple approach of just needling the scar, and give us advanced treatment strategies to resolve the complications of scar tissue. We will also cover treatments for many pain and injury based treatments. The workshop will involve as much hands-on practice as possible, tools and equipment will be available for purchase at the workshop.

- Kawai Triple by pass cords
- Manaka Ion pumping cords
- Acu-glide needles; Numbers 0 x 30, 1 x 30 and 2 x 40
- Alcohol wipes/swabs and cotton balls
- Gold grade moxa, incense sticks, lighter and moxa ring
- Semi pure grade moxa
- Aluminium foil
- Silver chain and or silver ring (optional)
- Micropore white tape
- Intradermals 6mm
- Scissors, tweezers and half inch skin colored micropore tape

#### micropore tape

# Japanese Acupuncture Strategies For Knee and Foot Problems

Revitalize your practice and expand your ability to help your patients

Seminar: Saturday 17<sup>th</sup> & Sunday 18<sup>th</sup> November 2012
Location: The Theosophical Society, 310 South Terrace, Adelaide.
Time: 9 am - 5 pm each day.
Contact: Helio Supply Company
Tel: (02) 9698 5555

Anyone having experienced a knee or foot injury will attest to the tremendous pain and disability it produces in the everyday activities of life, incapacitating us and restricting any free movement. Knee problems are often related to, or directly caused by, weak ligaments. Other causes include; flat back, arched back and vascular compression of the inner thigh. Whilst the supination and pronation of the ankles lead to structural problems observed in the way we stand, walk and sit. The imbalances in the ankles and feet can affect the legs, hips, knees, pelvis and back, leading to secondary effects like sciatica, scoliosis, gynecological problems and poor circulation. The treatment strategies we will cover belong to the remarkable case histories of Dr. Manaka, Kazuko Itaya, Kawai, Nagano and Kiiko Matsumoto. Topics to be covered will include:

- Weak Area's: Rectus Femoris & Ligamentum Patella
- Inflammation Area's: Iliotibial Tract & Sartorius Tendonitis
- Inguinal Ligament Syndrome
- Fluid in the knee
- Heavy legs and knee pain in general
- Heel spurs and heel pain
- Acute and chronic sprained ankle
- Bunion pain & Calf cramps
- Plantar fasciatis & Achilles tendonitis (drop foot)
- Gout pain & Neuroma

This seminar will give us advanced treatment strategies to resolve the pain and complications that arise from the feet and knees. The workshop will involve as much hands-on practice as possible, tools and equipment will be available for purchase at the workshop.

- Kawai Triple by pass cords
- Manaka Ion pumping cords
- Acu-glide needles; Numbers 0 x 30, 1 x 30 and 2 x 40
- Alcohol wipes/swabs and cotton balls
- Gold grade moxa, incense sticks, lighter and moxa ring
- Semi pure grade moxa

- Aluminium foil ٠
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- Silver chain (optional) Micropore white tape Intradermals 6mm and 3mm ٠
- Scissors, tweezers and half inch skin colored micropore tape •

### BIO:

Lecturer: Paul Movsessian

After graduation Paul moved from Australia to the USA to further his studies. His interest was in the Japanese style of acupuncture and he trained under Stephen Birch and Junko Ida, learning the treatment techniques of Dr. Manaka and Meridian Therapy. He also studied with Kiiko Matsumoto, and was exposed to a wide variety of styles taught in Japan.

Paul has also trained in the Toyohari system of Meridian Therapy in Japan and Europe under the guidance of such teachers as Akihiro Takai, Shuho Taniuchi, Koryo Nakada, Shozo Takahashi, and the late Toshio Yanagishita (*past President of Japan's Toyohari Association*).

From 1989 until 1996 he maintained a busy practice, lectured and undertook postgraduate studies including the study of Dr. Shen's pulse methods under Dr. Leon Hammer; Sôtai and Shiatsu from Kikuko Zutrau Miyazaki.

Upon his return to Australia, Paul has been managing a successful clinic and lecturing extensively to introduce the Japanese styles to practitioners in Australia. He has established the postgraduate certificate course in Dr. Manaka's protocols, in collaboration with Stephen Birch and Junko Ida, as well as setting up the Toyohari model and teaching it throughout Australia and NZ.

He is currently the President of the Australasian Toyohari Branch, a Registered Academic Practitioner and a qualified teacher with the Toyohari Association of Japan.

JAS REGISTRATION FORM         I wish to attend the Japanese Acupuncture Strategies Workshop         Instructed by Paul Movsessian         Location: The Theosophical Society, 310 South Terrace, Adelaide.         Time: 9 am - 5 pm each day.         Psycho-Emotional - 14 & 15 July 2012         Fertility - 25 & 26 August 2012         Scars Pain and Injuries - 6 & 7 October 2012	Please forward the completed form via mail, fax or email to: <b>Helio</b> Helio Supply Company 93 Shepherd Street   Chippendale   NSW 2008 Freecall: 1800 026 161   T: 02 9699 5555 Fax: 02 9698 5755   info@heliosupply.com.au
□ Knee & Foot Problems - 17 & 18 November 2012	
Name:   Pho     Address:	
Association #: Registration #	
□ please add my name to the mailing list to be kept informed of further	
Methods of Payment: Each workshop is \$375 All 4 workshops \$1350 (GST incl) (10% discount) please find my attached cheque please charge my Credit Card	It is advisable that you bring your kit of acupuncture equipment with you, as equipment such as moxa, needles, swabs, cords and other equipment are not supplied for use in the workshop. It is recommended that each participant bring a towel also.
MasterCard / Visa / Amex (circle one)         Card Number//         Amount:            Direct Debit - Helio Supply: BSB: 062 231 Acc Number: 10154877	A selection of equipment will however be available for purchase on the weekend of the workshop with a discount provided to workshop participants. Morning and afternoon tea are generally
Use your name, your invoice or customer number as your reference. Payments must be received before the date of the workshop, and se place.	cures your provided as part of the workshop cost. Lunch is the responsibility of the participant.

### PLEASE NOTE - THE CANCELLATION POLICY MUST BE SIGNED BEFORE THIS FORM CAN BE PROCESSED

### CANCELLATION POLICY:

In the event of cancellation by the registrant, a full refund, less 20% administration fee will be given if the request is made in writing at least 14 days prior to the starting date of the workshop.

Cancellation one day before or on the day of the workshop no refunds will be given.

Sponsors have the right to cancel the seminar if numbers are insufficient, in this case a full refund will be given. I hereby agree to the cancellation policy as outlined above Signed:

Date: